



Sample Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST: 8:00 AM						
French Toast Tropical Fruit	Cheesy Scrambled Eggs Pastry	Buttermilk Pancakes Tropical Fruit	Ham and Cheese Omelet Pastry	Western Eggs Tropical Fruit	Waffles Pastry	Scrambled Eggs Coffee/Cake
Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice	Breakfast Potatoes Bacon or Sausage Hot Cereal Cereal of Choice Egg of Choice Milk Coffee or Hot Tea Juice of Choice
LUNCH: 12:00 PM						
Roast Turkey Cranberry Sauce Whipped Sweet Potatoes Broccoli Florets Beverage Choice Rice Pudding Fresh Fruit Sugar Free Dessert Crab Cake	Parmesan Crusted Tilapia Baked Potato Vegetable Blend Beverage Choice Ice Cream Sandwich Sugar Free Dessert Chef Special	Beef Burgundy Over Noodles Broccoli Florets Beverage Choice Cookies Fresh Fruit Sugar Free Dessert Greek Salad	Lasagna Garlic Bread Tossed Salad Beverage Choice Ambrosia Fresh Fruit Sugar Free Dessert BBQ Ribbette	Salisbury Steaks Mashed Potatoes Vegetable of the Day Beverage Choice Banana Cream Pie Fresh Fruit Sugar Free Dessert Fried Flounder Lemon Wedge	Herb Roasted Chicken Seasoned Potatoes Vegetable Blend Beverage Choice Pudding Parfait Fresh Fruit Sugar Free Dessert Manicotti	Turkey Tetrazzini Peas and Carrots Beverage Choice Fudge Brownies Fresh Fruit Sugar Free Dessert Chef Salad Choice of Dressing
DINNER: 5:00 PM						
Tuna Hoagie Macaroni Salad Pickle Dessert of Choice Beverage Choice	Chicken Fingers French Fries Creamy Cucumbers Dessert of Choice Beverage Choice	Meatball Sandwich Tater Tots Vegetable Medley Dessert of Choice Beverage Choice	Turkey Melt Potato Wedges Peas Dessert of Choice Beverage Choice	Hot Dogs Sauerkraut Baked Beans Dessert of Choice Beverage Choice	BBQ Pork on a Roll Onion Rings Broccoli Salad Dessert of Choice Beverage Choice	Sweet & Sour Pork Over Rice Vegetable of The Day Dessert of Choice Beverage Choice
ALTERNATE						
Chef Special	Italian Hoagie	Reuben Sandwich	Chef Special	Italian Pasta/Salad Plate	Grilled Ham & Cheese	Turkey Salad Sandwich
LUNCH SOUP						
Beef Noodle	Soup Du Jour	Loaded Potato Soup	Minestrone	Soup Du Jour	Tomato Basil	Chicken Vegetable
DINNER SOUP						
Soup Du Jour	Loaded Potato Soup	Minestrone	"Soup Du Jour	Tomato Basil	Chicken Vegetable	Beef Barley

